

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>January 2019</i></p> <p><b>Glen Abbey</b> <b>Assisted Living</b></p>		<p>1</p> <p>Exercise video</p> <p>Movie</p> <p>New Year's Day</p>	<p>2</p> <p>10:00 Games 10:30 Exercise 2:00 <i>Movin' &amp; Groovin'</i> 3:00 Hangman</p>	<p>3</p> <p>10:00 Artist's studio 2:00 Social 3:00 Exercise video 6:00 <i>Eat, Wear, Drive</i></p>	<p>4</p> <p>10:00 Trivia 10:30 Exercise 2:00 Cooking group 3:30 Sing-along</p>	<p>5</p> <p>Exercise video</p> <p>Movie</p>
<p>6</p> <p>Hymns Exercise Video</p>	<p>7</p> <p>10:00 Artist's studio 2:00 Eucharistic Ministry 3:00 Exercise 3:30 <i>Un-deck the halls</i></p>	<p>8</p> <p>9:00 Beauty salon 10:00 <i>Un-deck the halls</i> 2:00 Bingo 3:00 Exercise video</p>	<p>9</p> <p>10:00 Bingo! 2:00 Cooking group 3:30 Detective</p>	<p>10</p> <p>Hymns 2:00 Social 3:00 Exercise video</p>	<p>11</p> <p>10:00 Bowling 2:00 Travel Club: Latvia 6:00 Family Feud</p>	<p>12</p> <p>10:00 Artist's studio 2:00 Exercise</p>
<p>13</p> <p>10:00 Hymns 2:00 Kickball</p>	<p>14</p> <p>10:00 Dining committee 2:00 Eucharistic Ministry 3:00 <i>Movin' &amp; Groovin'</i> 3:30 Letter scramble</p>	<p>15</p> <p>9:00 Beauty salon 10:00 Horseshoes 2:00 Cooking group 6:00 Movie</p>	<p>16</p> <p>10:00 Artist's studio 2:00 <i>Balance Earth</i> 🎵 3:00 Exercise</p>	<p>17</p> <p>10:00 Sing-along 2:00 Social 3:00 Exercise video</p>	<p>18</p> <p>10:00 Sing-along 2:00 Men's club 2:00 Women's club 3:30 Exercise video</p>	<p>19</p> <p>Exercise video Movie</p>
<p>20</p> <p>Hymns Exercise Video</p>	<p>21</p> <p>10:00 Artist's studio 2:00 Eucharistic Ministry 3:00 Exercise 3:30 Crossword <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>22</p> <p>9:00 Beauty salon 10:00 Horseshoes 2:00 Cooking group 3:00 Family Feud</p>	<p>23</p> <p>10:00 Reminisce 2:00 Cooking club 3:30 Detective</p>	<p>24</p> <p>10:00 Hymns 2:00 Social 3:00 Exercise video 5:45 Chaplain visit</p>	<p>25</p> <p>10:00 Bowling 1:45 Art therapy 6:00 Yahtzee</p>	<p>26</p> <p>Exercise video Cooking club</p>
<p>27</p> <p>Hymns Exercise Video</p>	<p>28</p> <p>10:00 Artist's Studio 2:00 Eucharistic Ministry 3:00 Exercise 3:30 Hangman  <small>Australia Day (observed)</small></p>	<p>29</p> <p>9:00 Beauty salon 10:00 Horseshoes 2:00 Resident Council/exercise</p>	<p>30</p> <p>10:00 <i>Poppin' good food</i> 2:00 <i>Elvis</i> 🎵 3:00 Exercise</p>	<p>31</p> <p>10:00 Sing-along 2:00 Social 3:00 Exercise video 6:00 Bunco</p>		